## ***PHASE VII – The Health – Alone*** **2027**

## DAY I

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|---|---|
| 1:00 - 2:00 | Lecture: Review Phases I - VI |
| 2:00 - 2:30 | Discussions in small groups |
| 2:30 - 3:00 | Lecture: The Void, The Dynamic Stillness, and The Health |
| 3:30 - 4:30 | Lecture and Contemplation: Treatment of The Terminally Ill Patient |
| 4:30 - 5:00 | Discussions in small groups |
| 5:00 - 6:30 | Lecture and Practical: Zone B and The 3 Levels of Stillness |

## DAY II

| | |
|---|---|
| 08:30 - 09:30 | Re-Cap, Q+A |
| 09:30 - 10:00 | Contemplation: Breathing #1 |
| 10:00 - 10:30 | Lecture: Our Hands and The Health |
| 10:30 - 11:00 | Discussions in small groups |
| 11:00 - 13:30 | Lecture and Practical: The Whole of the Suffering and Whole of the Health |

## DAY III

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|---|---|
| 08:30 - 09:30 | Re-Cap, Q+A |
| 09:30 - 10:00 | Contemplation: Breathing #2 |
| 10:00 - 10:30 | Discussions in small groups |
| 10:30 - 11:00 | The Neutral Observer |
| 11:00 - 12:30 | Lecture and Practical: Sunrise – Ignition in The Health |
| 12:30 - 13:30 | LUNCH |
| 13:30 - 14:30 | Re-Cap, Q+A |
| 14:30 - 15:30 | Lecture: Neutral on The Health |
| 15:30 - 16:00 | Discussions in small groups |
| 16:00 - 18:00 | Lecture and Practical: Importance of Vertical Height and Its Restoration |

## DAY IV

| | |
|---|---|
| 08:30 - 09:00 | Re-Cap, Q+A |
| 09:00 - 09:30 | Contemplation: Breathing #3 |
| 09:30 - 10:00 | Discussions in small groups |
| 10:30 - 13:30 | Lecture and Practical: The Matrix of The Health |

**INSTRUCTOR:** DONALD V HANKINSON, DO **BOARD CERTIFICATION:** ABSPOMM - Cert No. 0205
AOBFP – Cert No. 7173

**NOTE:** Used in association w/ ***"A Biodynamic View of Osteopathy in the Cranial Field,"*** by James S. Jealous, DO.
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